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News

Macomb County Executive
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Community Mental Health Services

For Immediate Release

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MCCMH Crossroads Clubhouse Earns Triennial Certification

For over 24 years, Crossroads Clubhouse of Warren has been a psychosocial rehabilitation center for residents of Macomb County who have severe and persistent mental health issues. It recently received a three-year accreditation from Clubhouse International (CI).



The accreditation, which provides proof of adherence to 37 key CI standards, is the symbol of quality and a clear act of evidence that Crossroads Clubhouse, often just called Crossroads, is committed to excellence in psychosocial rehabilitation.

Crossroads is one of 47 Clubhouses in Michigan and one of only 17 in Michigan to have earned CI's certification.

Crossroads is administered by Macomb County Community Mental Health. It provides a place where people – known as members – with serious mental illness participate in their own recovery process by working and socializing together in a safe and welcoming environment. It is a community-based approach that complements available psychiatric treatment.

Crossroads offers the Transitional Employment Program among other services. It allows members who have had challenges finding and keeping employment to work for a local business so the member can pick up a new skill and earn their own money. An advantage to many participating businesses is that a member's shift of absenteeism is guaranteed by Clubhouse staff. If a member has a doctor's visit or an emergency, Clubhouse ensures that the work is covered.

The personal stories of members and their families and an increasing body of research provide evidence that Clubhouses provide holistic, inspiring and cost-effective solutions for people living with mental illness.

"We have had some amazing transformations from members," said Bruce Dunton, director of Crossroads Clubhouse.



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“We have a member — I’ll call him Dale to protect his privacy — who, when he first came through the doors for a tour, barely said two words or even made eye contact. He lived in his mother’s basement, was isolative, was sick a lot and did not engage with anyone,” he said.

Dunton went on to say that in a relatively short time, Dale has expanded his social network tenfold, has had a chance to get out of the house and interact with people, has had reduced taxpayer-funded inpatient hospital visits and now has a girlfriend.

“Dale even runs our morning meetings periodically,” Dunton said.

“All of this increased his self-esteem and sense of self-worth,” Dunton said. “He is a tremendous asset to our community. We are so proud of him and all our members.”

Additionally, Crossroads has a wellness program with wellness walks, Sit-N-Be-Fit aerobics, a membership at a local gym and an urban garden. On the radar for Crossroads is a “focus on supported education for our community,” Dunton said. This will help interested members to obtain a GED, enroll in school and get tutoring or support in learning a trade.

Members usually are referred by a physician, psychologist or a social worker. The only requirements for membership are:

- Be age 18 or older
- Have a severe, persistent mental health illness
- Live in Macomb County
- Have Medicaid insurance

Clubhouse International is multi-national non-profit organization that helps communities around the world create sustainable solutions for mental illness. With over 300 worldwide, Clubhouses offer members opportunities for friendship, employment, housing, education, and access to medical and psychiatric services through a single caring and safe environment. With this support members can achieve a sense of belonging and become productive members of society.

Macomb County Community Mental Health is the public manager and provider of mental health, substance use and developmental disability treatment services in Macomb County. MCCMH programs and services are supported and funded, in part, by the Michigan Department of Community Health and the Macomb County Board of Commissioners and are administered by the Macomb County Community Mental Health Board. Visit <http://www.mccmh.net/> or [Facebook](#) for more information.

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