

Please join the Macomb County Health Department in Celebrating



National PUBLIC HEALTH WEEK

April 1-5, 2019

Each day will have an assigned health topic and a “Color of The Day” for employees to wear to honor each topic.



MONDAY / HEALTHY COMMUNITIES • ORANGE

MOVE MORE MACOMB • ONE MILE KICK-OFF

Participants will be entered into a drawing for a variety of prizes!

12:00pm at MCHD Central: 43525 Elizabeth Rd., Mount Clemens (North Entrance)



TUESDAY / INFANT SAFETY AWARENESS • PINK OR CAROLINA BLUE



WEDNESDAY / PHYSICAL FITNESS • YELLOW

MOVE MORE MACOMB • LUNCH & LEARN

Staying Fit While You Work

12:00pm - 1:00pm at Central Location Auditorium - 43525 Elizabeth Rd., Mount Clemens

Lunch will be provided. To RSVP, email roneeka.pleasant-brown@macombgov.org



THURSDAY / CARDIOVASCULAR HEALTH • RED



FRIDAY / ENVIRONMENTAL HEALTH • BLUE

HOUSEHOLD HAZARDOUS WASTE COLLECTION

7:30 A.M. - 12:00 P.M., Corner of Elizabeth Lake and Dunham Rd., Mt. Clemens

For more info visit: health.macombgov.org/Health-Programs-EnvironmentalHealth-HouseholdWaste-CollectionSchedule

For more info, contact Roneeka Pleasant-Brown at
(586) 469-5905 or roneeka.pleasant-brown@macombgov.org



Health
Department