

# SAVE THE DATE!!!

## Wednesday, May 15<sup>th</sup>, 2019

In recognition of

# National Employee Health and Fitness Day

## Walk Around the Block

Come out and enjoy a scenic walk with your coworkers and help promote the benefits of physical activity for employees

\*Stay tuned for updates regarding this event and the schedule of participation times for your department and work location\*



Questions: Email Healthstyles at: [healthstyles@macombgov.org](mailto:healthstyles@macombgov.org)

