

# Essential Oils 101



## What you will learn:

- What essential oils are
- How to use them
  - For your health
  - For your home

### Guest Speaker:

Heather Battaglia, Young Living Essential Oils



R.S.V.P. to [Healthstyles@macombgov.org](mailto:Healthstyles@macombgov.org)

## Lunch and Learn

**Tuesday,  
October 7**

**12:00 pm - 1:00 pm**

### Location:

1 S. Main Street  
Mt. Clemens, 48043

### Room:

9th Floor Conference Room

**OR**

**Tuesday,  
October 14**

**12:00 pm - 1:00 pm**

### Location:

Macomb County  
Main Health Department  
43525 Elizabeth Road  
Mt. Clemens, 48043

### Room:

Auditorium